

BALLENGER CREEK RECREATION COUNCIL

Athletic Expectations

Athlete Expectations for Coaches

1. Coaches make it fun
2. Coaches lead and motivate players to bring out the best in themselves
3. Coaches model the behaviors they expect
4. Coaches respect their players and expect respect from the players
5. Coaches teach fundamentals, strategies, game and practice preparation
6. Coaches don't get mad at players personally
7. Coaches you can talk to about the sport or any problem, success or situation
8. Coaches care about them beyond the sport
9. Coaches help make the season rewarding and fulfilling no matter the record
10. Coaches communicate clearly what is necessary to improve
11. Coaches must wear their designated team shirt for every game

Parent Expectations for Coaches

1. Parents want information: Practice schedules, team rosters, game schedules, directions to games, rules, concerns about their son/daughter, needs, arrival times back from games, etc.
2. Parents expect a safe environment
3. Parents expect an adult to be there when they arrive to pick up their athlete
4. Parents expect coaches to promote good sportsmanship, reinforce a zero tolerance substance abuse message to the children, and to develop healthy relationships between players.
5. Parents expect the coach to be positive with their children, and to help build confident children
6. Parents expect coaches to treat athletes as though they were their own kids. "Is this the way I would want my own child treated?"
7. Parents expect coaches to be the adult/to set the example for their kids

Coach Expectations of Players

1. Coaches expect players to be on time for practices and games
2. Coaches expect players to be at all practices, games and meetings
3. Coaches expect players to keep their grades up
4. Coaches expect players to be committed for the season
5. Coaches expect players to be coachable (players listen, focus during practice, implement what the coach wants, give 100%)
6. Coaches expect players to come talk to the coach if there is a problem
7. Coaches expect players to let them know 24 hours in advance if they have an appointment that will interfere with practice
8. Coaches expect players to treat each other and the coach with respect
9. Coaches expect the players to trust the coach's experience, knowledge of the game, and the ability to make decisions in the best interests of the team
10. Coaches expect players will be in full presentable uniform for each game or may not play in that game.

Coach Expectations of Parents

1. Coaches expect parents to get their kids to practices and games on time
2. Coaches expect parents to leave coaching decisions up to the coach (positions, strategy, playing time etc.)
3. Coaches expect parents who have concerns to set up an appointment that is convenient for both parties to discuss the concern (not during or after practices or games)
4. Coaches expect parents to exercise good sportsmanship
5. Coaches expect parents to know that coaches sometimes make mistakes, but that they are working hard for the success of the team and the individuals of that team
6. Coaches expect parents to encourage their children to come talk to the coach first if they have a problem
7. Coaches expect parents to support the coach's techniques, drills, expectations, and directives when the child complains, and to address it with the coach otherwise.

BALLENGER CREEK RECREATION COUNCIL PLAYERS CODE OF CONDUCT

In order to ensure that the principles of sportsmanship, fair play, skill development, and mutual respect among layers, coaches, officials and spectators are the primary considerations governing competition in the BCRC Basketball League, the following Code of Conduct has been established and adopted.

Each player will ensure that his/her playing conduct is that of a young lady or gentleman fairly competing to the limit of his/her ability. To satisfactorily meet these responsibilities, the player is expected to:

1. Know the rules and abide by them.
2. Respect the game officials and refrain from addressing them or commenting on their decisions during the play of the game. The game captain or designate may address the officials during the game but only within the provisions of the rules and in a courteous, respectful manner.
3. Maintain control of his/her emotions, avoiding the use of abusive language or profanity, humiliating remarks, and/or gestures of ill temper, and physical assault upon another player at any time.
4. Respect the coaches and players of the opposing team and demonstrate appropriate gestures of sportsmanship at the conclusion of game- be humble and generous in victory and proud and courteous in defeat.
5. Take full responsibility for your actions. Control your temper and resist the temptation to retaliate when you feel you have been "cheated".
6. Follow all building rules and regulations, respecting at all times the property of others. Be aware that there is to be no shooting at baskets during time outs or intermission of games that are in progress- Before each game only the teams warming up for the next game should be shooting at the baskets.
7. Remember that the goals of the game are to have fun, improve your skills and feel good. Be a team player. Remember that you win as a team and you lose as a team
8. Realize, accept, and practice the principle that a team's reputation is built not only on its playing ability but also on the sportsmanship, courtesy and manners of each individual player.
9. All team members, coaches, parents and supporters must maintain the highest standards of conduct at all time. Profanity, loud or rowdy behavior, ridiculing players, fans, and referees is strictly prohibited. Fighting, shoving, and arguing are not allowed.
10. Uniforms (tops and bottoms) are to be clean and maintained appropriately and must be worn in order to participate in a game. If the uniform (top and bottom) is not clean and presentable or is not worn (tops and bottoms) at the game, the player will sit the bench for that game.

**Violation of the Code of Conduct may result in suspension or expulsion of individual players, coaches, parents or teams.*

By signing below, my child and I have read and do understand the BCRC players Code of Conduct and acknowledge that any violation of this Code by me may result in suspension or expulsion from the program.

Players Name _____ Date _____

(Please Print)

Players Signature _____

BALLENGER CREEK RECREATION COUNCIL PARENTS CODE OF CONDUCT

In order to ensure that the principles of sportsmanship, fair play, skill development, and mutual respect among players, coaches, officials and spectators are the primary considerations governing competition in the BCRC Basketball League, the following Code of Conduct has been established and adopted.

Each parent/spectator will ensure that his/her conduct is that of a responsible lady or gentleman fairly competing to the limit of his/her ability. To satisfactorily meet these responsibilities, the parent/spectator is expected to:

1. Respect the rules of the game.
2. Respect the game officials and refrain from questioning their decisions or from addressing them in a loud, disrespectful or abusive manner
3. Respect the coaches and players of the opposing team.
4. Cheer for their team in a positive, supportive manner, refraining at all times from making hostile, negative, or abusive remarks about the opposing team.
5. Enter a gym quietly, remain seated during play of the game. Refrain at all times from coming onto the floor or from throwing objects or other foreign materials onto the floor, and exit in an orderly manner at the conclusion of the game.
6. Follow all building rules and regulations, respecting at all times the property of others. **Be aware that there is to be no shooting at baskets during time outs or intermission of games that are in progress- Before each game only the teams warming up for the next game should be shooting at the baskets. SPECTATORS SHOULD NEVER BRING BALLS INTO ANY BCRC GAME SITE GYM**
7. Demonstrate appropriate gestures of sportsmanship at the conclusion of a game, win or lose.
8. Realize, accept, and practice the principal that a team's reputation is built not only on its playing ability, but also on the sportsmanship, courtesy, and citizenship of its fans.
9. All team members, coaches, parents and supporters must maintain the highest standards of conduct at all time. Profanity, loud or rowdy behavior, ridiculing players, fans, and referees is strictly prohibited. Fighting, shoving, and arguing are not allowed.
10. Recognize the value and importance of volunteer coaches, referees and officials and give them the respect they deserve. Without them, there would be no BCRC program.
11. Uniforms (tops and bottoms) are to be clean and maintained appropriately and must be worn in order to participate in a game. If the uniform (top and bottom) is not clean and presentable or is not worn (tops and bottoms) at the game, the player will sit the bench for that game.

****Violation of the Code of Conduct may result in suspension or expulsion of individual players, coaches, parents or teams.***

By signing below I have read and understand the BCRC Parents Code of Conduct and acknowledge that any violation of this Code by me **may result in my child's suspension or expulsion from the program.**

Parents Name _____ Date _____
(Please Print)

Parents Signature _____