

## **Athletic Expectations**

### Athlete Expectations for Coaches

1. Coaches make it fun
2. Coaches lead and motivate players to bring out the best in themselves
3. Coaches model the behaviors they expect
4. Coaches respect their players and expect respect from the players
5. Coaches teach fundamentals, strategies, game and practice preparation
6. Coaches don't get mad at players personally
7. Coaches you can talk to about the sport or any problem, success or situation
8. Coaches care about them beyond the sport
9. Coaches help make the season rewarding and fulfilling no matter the record
10. Coaches communicate clearly what is necessary to improve

### Parent Expectations for Coaches

1. Parents want information: Practice schedules, team rosters, game schedules, directions to games, rules, concerns about their son/daughter, needs, arrival times back from games, etc.
2. Parents expect a safe environment
3. Parents expect an adult to be there when they arrive to pick up their athlete
4. Parents expect coaches to promote good sportsmanship, reinforce a zero tolerance substance abuse message to the children, and to develop healthy relationships between players.
5. Parents expect the coach to be positive with their children, and to help build confident children
6. Parents expect coaches to treat athletes as though they were their own kids. "Is this the way I would want my own child treated?"
7. Parents expect coaches to be the adult/to set the example for their kids

### Coach Expectations of Players

1. Coaches expect players to be on time for practices and games
2. Coaches expect players to be at all practices, games and meetings
3. Coaches expect players to keep their grades up
4. Coaches expect players to be committed for the season
5. Coaches expect players to be coachable (players listen, focus during practice, implement what the coach wants, give 100%)
6. Coaches expect players to come talk to the coach if there is a problem
7. Coaches expect players to let them know 24 hours in advance if they have an appointment that will interfere with practice
8. Coaches expect players to treat each other and the coach with respect
9. Coaches expect the players to trust the coach's experience, knowledge of the game, and the ability to make decisions in the best interests of the team

### Coach Expectations of Parents

1. Coaches expect parents to get their kids to practices and games on time
2. Coaches expect parents to leave coaching decisions up to the coach (positions, strategy, playing time etc.)
3. Coaches expect parents who have concerns to set up an appointment that is convenient for both parties to discuss the concern (not during or after practices or games)
4. Coaches expect parents to exercise good sportsmanship
5. Coaches expect parents to know that coaches sometimes make mistakes, but that they are working hard for the success of the team and the individuals of that team
6. Coaches expect parents to encourage their children to come talk to the coach first if they have a problem
7. Coaches expect parents to support the coach's techniques, drills, expectations, and directives when the child complains, and to address it with the coach otherwise.